

Info Sheet: Domestic Violence

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What is domestic violence?

- violence inside a joint household
- The term is used for violence between (married) partners but it can also imply e.g. violence to children and siblings or violence used by children against their parents.
- Domestic violence can be physical, psychological or sexual:
 - x **physical:** hitting, throwing items, biting, retching etc.
 - x **psychological:** insulting, threatening, confining, incapacitating (e.g. forbidding to have a bank account, forbidding to go out, control etc.), manipulating etc.
 - x **sexual:** forcing into sexual intercourse, forcing into prostitution etc. Also marital rape is violence!
- It results from an unbalanced proportion of power in a relationship:
 - x The more dominant partner uses violence to show his/her power and influence on the less dominant partner.
 - x As women are usually physically weaker and also in some societies socially inferior, they suffer from domestic violence more frequently.
 - x Domestic violence is a problem in society as a whole and concerns all strata of education and social milieu.

Get Help in Egypt

If you suffer from domestic violence or witness it in **Egypt**

→ for advice call the [Nazra for Feminist Studies](#) hotline:

01011910917

According to [Nazra for Feminist Studies](#), the Ministry of Social affairs claims to run up to **seven battered women's shelters** in Cairo, Giza, Alexandria, Mansoura, Beni Sueif, Fayoum and Minya. Please ask there.

in **Cairo**

→ get legal and psychological help from

[El Nadeem Center](#)

[The New Woman Foundation](#)

[Egyptian Center for Women's Rights](#) (ECWR)

[Centre for Egyptian Women's Legal Assistance](#).

→ Get advice and training from [ADEW](#) (Association for the Development and Enhancement of Women): +20 2 23644324.

They are also known to run a shelter. Please ask there.

→ Are you **underage**? Contact [Safe Kids Egypt](#): 01204575909.

in **Alexandria**

→ get legal and psychological help from *The Women and Development Association*: (+2-03) 554 9652 or (+2-03) 018 301 333 26.

→ for more help see above "in Egypt" and "in Cairo".

in **Port Said**

→ get legal help from

[Moubadiroun Foundation](#) for Cultural and Media Development: 0100 500 1893

[El Horeyya Center for Political Rights and Support of Democracy](#): 0122 011 8428

[Raswa for Human Rights Studies](#): 0100 767 8556.

→ get psychological help from *Port Fouad Association for Child and Family Welfare*: (+2-06) 634 093 93 or (+2-06) 634 278 44.

→ for more help see above "in Egypt" and "in Cairo".

in **Ismailia**

→ get legal from the *Sahm Al Thiqa Foundation for Social Development*: 01001520765.

→ for more help see above "in Egypt" and "in Cairo".

in **Suez**

→ get legal advice from

Raswa for Human Rights Studies: 0100 767 8556

Al Sawahlya for Community Development: 0122 426 6697.

→ for more help see above "in Egypt" and "in Cairo".

Get Help in Germany

If you suffer from domestic violence or witness it in Germany

→ call the [Hilfetelefon Gewalt gegen Frauen](tel:08000-116 016) (08000-116 016).

→ get help directly from the police (110).

→ contact the [nearest battered women's shelter](#).